

MICHAEL CRAVEN

LINEBACKER, SAFETY

USA PASSPORT

Professional Experience – 3rd Year
NFL & AFL



MICHAEL CRAVEN
Height: 6' 1"
Weight: 235 lbs.
Birth Date: January 8, 1983
Hometown: La Quinta, CA
Nationality: USA Passport

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Stanford Pro-Day Results

Bench – 28 Reps
Vertical – 36.5 inches
Broad Jump – 10'2"
40-Yard Dash – 4.45-4.55
20-Yard Shuttle – 4.20-4.30
3-Cone Drill – 6.95-7.05

PROFESSIONAL HIGHLIGHTS:

2008 San Jose Sabrecats (AFL) - Dec. Private Tryout (League cancelled season 1 Week Later)
2008 Arizona Rattlers (AFL) - 2-Day Tryout
2008 San Jose Sabrecats (AFL) - 2-Day Tryout
2007 Los Angeles Avengers (AFL) Under Contract For Entire Season
2006 Buffalo Bills (NFL) - Called back for tryout just prior to training camp
- Team decided to sign a lineman instead of an additional Linebacker
2006 Buffalo Bills (NFL) - Attended Mini-Camp
2006 New York Giants (NFL) - Attended Mini-Camp
2006 Detroit Lions (NFL) - Attended Mini-Camp

COLLEGE: 11/1/03 vs. UCLA - Michael Craven Was Named Pac-10 Player Of Week

2001-2006 Stanford Cardinal (NCAA) - Craven played in 39 career games at Stanford, finishing with 92 tackles (including 9.5 for losses), four quarterback sacks, three forced fumbles and two fumble recoveries. He also chalked up two touchdowns, returning an interception 33 yards and a fumble 54 yards for scores. Michael played Inside/Outside Linebacker & Safety & was a Special Teams standout. Craven also was an outfielder on the Cardinal baseball team as a freshman in 2002. Michael Played outside linebacker his first three years, but was moved to inside linebacker prior to the 2004 campaign. Michael came to Stanford as one of the nation's top prep players. He is very athletic. He consistently runs the 40 in the 4.45-4.55 range.

2005-2006 25 tackles, 2 for loss, 2 sacks, 1 Fumble recovery, 1 Blocked kick
2004-2005 1 tackle
2003-2004 38 tackles, 4 for loss, 2 sacks, 2 forced fumbles & 1 Fumble recovery
2002-2003 28 tackles, 3.5 for loss, 1 fum rec, 1 forced fum, 1 pass def, one INT ret. TD for 33 Yds

HIGH SCHOOL: Craven was a consensus first-team All-America selection while attending La Quinta (Calif.) High School. PrepStar rated him as the No. 1 linebacker in the nation and included him on its "Dream Team". Craven, who also was a Parade Magazine All-America pick, started at both linebacker and tight end. He led the Blackhawks to a 13-1 record and CIF Division 8 championship as a senior, finishing with 180 tackles, 13 sacks and four interceptions (two of which were returned for touchdowns). In addition, Craven was a member of the La Quinta baseball (earned All-Desert Valley League honors) and track & field teams (personal best of 10.98 in the 100-meters).

- Prestigious Watkins Award Winner - Top African-American high school Football Player in Nation
- Consensus 1st-Team All-American & Parade Magazine All-American in high school
- Ranked #14 on SuperPrep's Elite 50 list of top prospects (#2 LB)
- PrepStar's #1 Ranked LB in high school & one of the "Super 30" recruits
- Recruited to play both football and baseball at Stanford

MICHAEL CRAVEN's Stanford Highlight Video: Michael is wearing the Red & White #42 jerseys while playing Linebacker & Safety at the following Link: <http://blip.tv/file/1450278>

MICHAEL CRAVEN's Uncut Stanford Highlight Video: Michael is wearing the Red & White #42 jerseys while playing Linebacker & Safety at the following Link: <http://blip.tv/file/1450337>