

ISAAC RUSSEL WARREN

FOOTBALL PLAYER BIO

Halfback, Wide Receiver, Kick Returner & Defensive Back

6 Isaac Russel Warren



PROFILE

▶ Height / Weight: 5 08 183 lbs.	▶ 40 Yard Dash: 4.44
▶ Position: HB, WR, KR, DB	▶ Vertical Jump: 34 Inches
▶ Birthdate: 09/15/1979	▶ Broad jump: 9 Feet
▶ Experience: AFL2 – 1 year Semi-Pro – 3 Years	▶ L-Drill: 6.81
▶ College: Florida A&M University	▶ R-SS: 4.07
▶ Professional: Tallahassee Thunder – AFL2	▶ L-SS: 4.22
▶ Kadena Dragons (Japan) –Semi-Pro	▶ Bench Press – 225 lbs.: 12 reps

NAME: Russel – Isaac Russel Warren
D.O.B 9/15/1979
HOME: Waldorf, Maryland
RUSSEL'S AGENT: Adam L. Prossin
AGENT'S PHONE: (206) 852-7795
E-mail: alpro@msn.com

PROFESSIONAL EXPERIENCE :

CIFL – Signed with Chesapeake Tide – 2007

AFL2 - TALLAHASSEE THUNDER 2001

OFL & USFJ-AFL - KADENA DRAGONS 2004, 2005 & 2006 (JAPAN SEMI-PRO)

Semi-Pro

Kadena Dragons – 2 Time OFL League Champions (Japan - Okinawa Football League) – 2004-2006

Head Coach	Position Coach	GP	GS	Jersey	Pos Played
William Cupp	AJ Hickman	27	27	6	RB/WR/KR/DB
Ph: 011-81-611-733-1287	Ph: 011-090-6505-4513				

Career Notes

Team Captain and 2 year starter at Halfback
League Leading Rusher 2005/1183 Yds.
2005 Season averaged 13.7 yards per carry
Most Yards in one game in season – 173 yards On 15 carries
Voted Best Running Back In Pacific 2005
Voted “Mr. Offense” 2005 (Team)
Lead team to 2 league championship titles
1687 Yards rushing in 18 games
2nd leading scorer in league in both 2004 & 2005 – 21 total TD’s
1st Team All-Pacific, 8x Team Offensive Game MVP, Team Captain



AFL2

Tallahassee Thunder – 2001

Head Coach	GP	GS	Jersey	Pos Played
Eugene McDowell	4	3	21	RB/WR/KR/DB

Career Notes

Running Back and Kick Returner – Played in a total of 4 games

College

Florida A & M University –1998-2000 (Div. 1-AA)

Head Coach	GP	GS	Jersey	Pos Played
William “Billy” Joe	36	28	20	RB/WR/KR

Career Notes

A.A. – Associates Arts Degree in Business Administration

Tailback/Slot Receiver/Kick Returner
1999-rushed for 864 yards on 72 carries and 10 TD's
Started 3 games at Slot Receiver
Team Captain, 5x Player of the Week

College

Florida State University / Keiser College – 2001-2003

B.A. - Bachelors Degree in Business Administration and Management

High School

Bradford High School – Starke, Florida – 1994-1998 – Class 4-A

Head Coach	GP	GS	Jersey	Pos Played
Scott Wilson	36	34	1	RB/WR/KR/DB

Career Notes

3 Year Varsity letter winner
2 Year Football Team Captain
Led team in receptions Senior season
1823 total rushing yards last 2 years combined
315 kickoff return yards senior season
1st team All- Area, Team MVP, 15x District Honorable Mention Player

4 Year Track & Field Captain
2 time District Champion 200m and one runner-up
2 time Regional Runner-up in 200m
2 time State Runner-up in 200m
Ranked 13th nationally in 200m
4 time District Champion in 4x100m relay as well as 4x400 relay teams
3 time Regional Champion in 4x100m relay as well as 4x400 relay teams
Ranked 10th nationally in 4x400m relay
Ranked 18th nationally in 4x100m relay

TESTIMONIALS

Jason Hadeed, CCS- Elite Athlete Training Systems, Inc.: “Russel Warren is a persistent, diligent, and highly athletic football player that pays attention to detail. I work with hundreds of football players every year and the one thing that stands out in each workout with Russel is his willingness to do what it takes to get the edge. Any team that gets him is adding a quality player to their lineup.”

Adam Hendrickson, QB #7, Kadena Dragons (Semi-Pro/Japan): “On The Field: Russel Warren is an every down back! Not only is he a reliable runner, but he is also just as good blocking. As a QB, I could always rely on him to pick up those tough yards and make that key block every time. Although, he was our team captain, he also took over the duties of our Assistant Coach who was deployed. He has a great personal work ethic and he encouraged all teammates to make it to his speed & agility workouts every Tuesday.

Off The Field: Russel was very calm and relaxed. He always had a smile on his face. Other teammates and I used to say all he cared about was his family and football. That's what type of person he is, and very dedicated to both. He is a good person to know and a good teammate to play with.”

Chris McIver, Associate Team Captain – Kadena Dragons 2004-Present: “Isaac Warren was easily the hardest worker on the 2004-2006 Kadena Dragons OFL Champion Team. His work ethic set a high standard that others, including myself,

would strive to meet. His attention to detail also allowed us to increase our visibility throughout the Pacific by implementing marketing strategies as well as leading our team to 2 league championships in Japan. Russel "Chops" Warren possesses a quiet intensity and an unmatched competitive fire which displays itself on the field and through his locker room presence. He would be a great asset to any organization fortunate enough to have him, as he was with us. "

Jermaine L. Baker, WR/DB, #2 – Kadena Dragons (Semi-Pro/ Japan): "Russel "Chops" Warren is an outstanding athlete! His work ethic is impeccable, and he provides a competitive edge to the game of football. He has the incredible ability to go hard on the last snap of the ball in the fourth quarter as he did on the first play the game. He conditions hard and plays harder. I feel that this ability makes him an asset in anyone's team. He is not just a great leader, but an awesome motivator; he challenges teammates to play on his level of competitiveness and hunger. Warren's off field character is very professional, he carries himself with pride and is also humble to the fact that he has been blessed with his athletic ability. His presence on the any team would be nothing less then vital. "

Darin Murakami, Kicker/Punter- Kadena Dragons 2003-2005 League Champions: "I've known Isaac "Chops" Warren since he arrived on Okinawa, Japan. Right off the bat, Warren was working hard and taking initiative to make a difference. Whether it'd be at work, on the football field, etc. you can bet that Warren was giving it his all. He transfers his work ethics throughout all aspects of his life. I've always known him to be a hard worker, dedicated family man, and an intense football player/speed coach. The one word that I think of when I hear his name is DEDICATION. He is a great person and would make an outstanding addition to any organization that is seeking personnel committed to excellence."

Calvin "Mitch" Mitchell (LB) –Former Teammate: "Russel Warren is a natural born leader. He has the respect of his peers and trains like there's no tomorrow! He has great field vision and the ability to make the opponents miss tackles. He's what I like to call a "go getter" because when his mind is made up, he does whatever is necessary to achieve his goals. A real team player!"

COMBINE RESULTS

Ht 5 08	Wt 183	DOB 9/15/79	Pro. Exp. AFL2 and Semi-Pro
40 Yard Dash 4.44	Vertical Jump 34 inches	Broad Jump 9 Feet	L-Drill 6.81
R-SS 4.07	L-SS 4.22	Bench -225 lbs. 12 reps	

CONTACT INFORMATION

Agent Adam Prossin	Phone (206) 852-7795	Fax (425) 557-9096	Email alpro@msn.com
Address	City, State	Zip	
927 N Northlake Way, Suite #301	Seattle, WA	98103-3406	